

Therapy Overview – our Pilot schemes

From May 2017 forwards Phoenix Park and Sevenhills Academies are investigating the impact of the following therapies in order to develop a wider system of intervention for our students moving forward:

Name	Desired Impact	Cost
Art & Play Therapy (<i>Theraplay</i>)	<p>Psychotherapy using art and/or play as the source of expression and communication. Focus on improvement of attachment, mindfulness, compassion, cognitive analytics and social engagement.</p> <p>Teaches students strategies to cope with difficulties they may face in life which they themselves cannot change.</p>	£2400/3 students/20 weeks (including initial assessment and final diagnostic exit report)
Mable Therapy/Speech and Language Therapy (SALT)	<p>TeleHealth to deliver personalised SALT. Students develop, for example:</p> <ul style="list-style-type: none"> • Ability to follow complex instructions; • Produce sentences with seven or more words; • Be able to follow topics of conversation; • Improve basic vocabulary to describe their feelings (sad Vs. upset for example); • Understand instructions that don't follow word order; • Understand words with multiple meanings; • Add detail and sequence to explanations; • Adapt interaction style between staff and friends. 	£1000/5 students/5 weeks (including initial assessment and final diagnostic exit report)
Music Therapy (Sound Lincs)	<p>Bespoke project per site for students to engage in non-traditional musical experiences that aim to promote and boost:</p> <ul style="list-style-type: none"> • Self-esteem; • Confidence; • Positive expression; • Social skills; • Empower through music; • Collaboration. 	3 days/£840 45 min/student
Music and Performing Arts	<p>To provide opportunities for students to develop through music and enjoy high quality musical experiences [and] to inspire and enable learners to make music with others, to have the opportunity to progress</p> <p>Chiefly, the desired impact is:</p> <ul style="list-style-type: none"> • Provide opportunities to play in small groups and to perform from an early age. • Ensure that each student has the opportunity to learn a musical instrument (other than voice) through whole-class teaching programmes for a minimum of a term of weekly tuition on the same instrument; • Learn about the origins and culture of the instrument; • Experience the social aspect of music, rhythm, turn taking, counting and performance. 	£450/14 students over two 30 min. sessions/5 weeks